



COMMUNITY SPEAKS

HCL-F SUPPORTED SOCHARA'S CWASH PROJECT

FOREWORD

As we thrive forward to the new year, team SOCHARA has been keen on exploring new learning paradigms working together with our communities. With the fastening spread of the Omicron variant in our country, let's all be cautious as well as not compromising our efforts towards building better Community Health systems and practices.

The infrastructural developments are taking its pace in full throttle, with a vision of creating hygienic and sustainable environments for the generations to come.

SOCHARA CWASH Team Bangalore has been involved in creating awareness on Vector borne diseases within the communities of Ananthapura and Mayaabazar. SOCHARA CWASH Team Chennai has taken forward awareness on Waste Segregation and Personal Hygiene with the children in the Police clubs. The team leads the construction of 3 toilet units in Police clubs in the upcoming months.

With much hope pinned to the heart, let's welcome 2022 and lead forward our journey in creating healthier, happier and sustainable communities.

Srilakshmi
Training and Research Assistant,
SOCHARA, Bangalore

Activities

- Conducted 20 Awareness programme on Segregation and Management of Waste and Vector borne diseases in Mayabazar and Anandapuram community
- Trained all the field Coordinators on 'Vector-borne' Module.
- 4 Community volunteers meetings were conducted in Mayabazar and Anandapuram
- Organized 1 Awareness programme on 'Health and Hygiene' for Anandapuram Sanitation workers
- Organized a Session on 'Social Welfare Schemes' in Mayabazar community.
- Regular monitoring of Segregation and Management of waste in Mayabazar and Anandapuram communities, Bangalore.
- 113 Black spots were cleaned by Sanitation workers in Mayabazar and Anandapuram community
- Raised the complaint in BWSSB for drainage blacking in Anandapuram
- Construction work for the Haragadde High School toilet started this month.
- Exposure visit to Magadi road PHC, Schools, and Anganawadies.
- Regular monitoring of milk cover collection drive in Mayabazar community.
- Snake and Ladder awareness game on Safe sanitation practices at Chintadripet Police Boys and Girls club, Perumbakkam Government High School and Avadi, Boys higher Secondary School - Total participants:27
- Waste management awareness through card games at Chintadripet Police Boys and Girls club - Total participants:7
- Toilet Day Poster distribution and Board games distribution at Avadi Boys Highschool and Muthialpet Government High school
- Meeting and field visit related to MKB Nagar Infrastructure development with HCL-F Chennai SPOC at Guindy ITI Campus
- Infrastructure development related visits to MKB nagar, Muthialpet and Saidapet Police Boys and Girls club
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- Initiation of Toilet infrastructure work at Muthialpet Police Boys and Girls club

Not all heroes wear capes

Mallesh K.M

No sanitation workers (Poura Karmikas) shall be jeopardised in their efforts to keep the community clean. They offer a big and visible contribution to the community in keeping it clean, and they deserve dignity and civility for all that they do. In order to keep our town clean, it is also the obligation of the responsible organisations to treat sanitation staff with respect and to provide them with their basic needs.

So, with this in mind, our SOCHARA HCL-F team arranged a health awareness workshop at the Anandapuram community for the sanitation workers which focused on health, hygiene, and safety aspects. This was primarily about personal hygiene, the significance of wearing a mask while cleaning blackspot areas, and the use of liquid hand soap often before and after work.

After the programme, health and hygienic kits for sanitation employees were distributed, which comprised Cotton Mask, Liquid Hand Wash, Rubber Hand Gloves, Face Shield, and Sanitary Pads. Each person's face was identified by this programme as a gesture of indicating gratitude.



Awareness is the key to prevention

Dr Shikha Upadhyay

An awareness programme was designed to raise community knowledge of Vector Borne Diseases such as Dengue, Malaria, and Chikungunya. On the day before the awareness programme, a training session was conducted for the field coordinators (Prema, Jyothi, Rajani) by the CWASH team at SOCHARA office. The subject was taught to community volunteers and field coordinators of Anandapuram on 13th December, 2021.

The programme began with the introduction of vector-borne disease and the formulation of a problem statement. Dengue, malaria, chikungunya, zika, and Japanese encephalitis were among the vector-borne diseases covered, along with their signs and symptoms. The risk factors and susceptible populations were discussed. A powerpoint presentation was used to illustrate the importance of preventive measures. The session came to a close with a discussion of the volunteer's questions.



Taking forward hygiene conversations

Srilakshmi

This month, CWASH Chennai team decided to help the children reimagine the waste management practices within their communities. SOCHARA Chennai CWASH Team conducted Waste management awareness through card games and fun activities in Chintadripet Police Boys and Girls Club. We began the session by dividing the children into teams of two and facilitating the game on general toilet and personal hygiene. The team reiterate the messages in the game with the children and also enquired on the scenarios at their home and school considering safe sanitation and hygiene practices.

In the second part of the session, the team facilitated a card game developed on teaching the children about proper waste management in a domestic scenario. We talked about biodegradable and nonbiodegradable waste with pictorial representations and charts. The children were asked to separate the waste represented in the pictures to biodegradable and non biodegradable wastes.



Marching towards safe sanitation

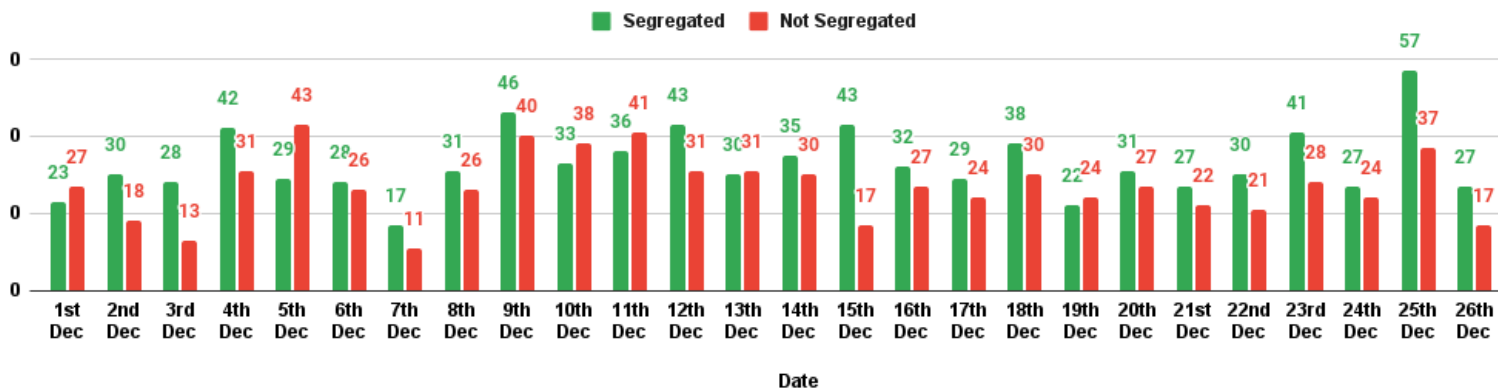
Judyangel

This month, the CWASH Chennai team focused on our upcoming toilet constructions in the Police clubs, the team also made infrastructure development related visits to MKB nagar, Muthialpet and Saidapet Police Boys and Girls club. The situation analysis conducted and the discussions with the scoutmasters had given the team prospects on the requirements in each of the police clubs, also in the site selection and specifications. On the lines of the same, the construction team had begun toilet construction with Bhoomi Pooja in the Muthialpet Police Boys and Girls club. SOCHARA Chennai CWASH Team and Muthialpet Police club coordinator along with other officials - N3 Muthialpet Inspectors, Muthialpet Local body leader and Don Bosco Anbu Illam Representative joined the event. The team also received the permission letter from the J1 Saidapet Inspector of Police and P5 MKB nagar Inspector of Police through the concerned scoutmasters and had discussions about the toilet plan for the upcoming toilet construction in the club. Overall, the team is glad to start out the infrastructure development in other police clubs in the upcoming month as a means of encouraging appropriate WASH behaviors in the community.

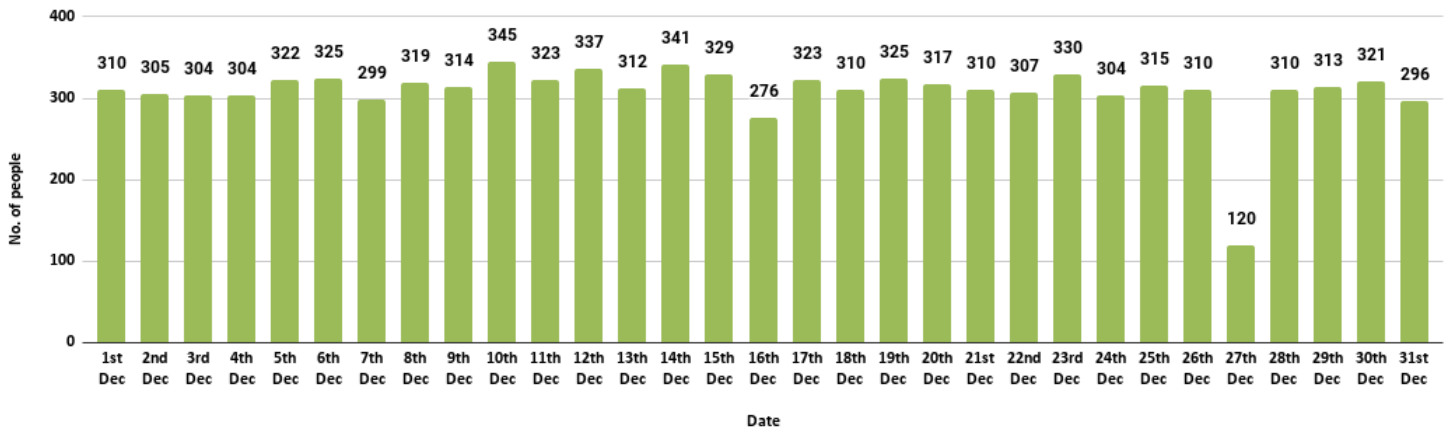


Graphical representation of regular activities - December

No. of people segregating and not segregating waste on a day to day basis - Maya Bazaar



No. of people putting waste in BBMP vehicle on a day to day basis - Anandapuram



No. of milk covers collected on a day to day basis - Maya Bazaar

